

# **Institute for the Creative Arts**



## **Comprehensive School Counseling Program 2025-2026**

Institute for the Creative Arts

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**Team Members:**

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[ASCA School Counselor Professional Standards & Competencies](#)

[ASCA Ethical Standards for School Counselors](#)

[ASCA Mindsets and Behaviors for Student Success: College and Career Readiness](#)

[Standards for Every Student](#)

[G.U.I.D.E. for Life](#)

**School Counseling Plan Outline**

- Ongoing collaboration with stakeholders inclusive of, but not limited to, parents/guardians, teachers, teacher aids, school counselor(s), school psychologist, school nurse, administration, etc.
- Expected Outcomes to build skills and facilitate success in ASCA domain areas of Academics, Career, and Social/Emotional Development:
  - Academics: students and parents will have access to information, activities, and strategies to maximize each student's ability to learn.
  - Career: students will understand the connection between school and the world of work, and plan for a successful transition from school to postsecondary education and/or employment.
  - Social/Emotional Development: students will have access to a confidential and safe environment to process emotions and learn coping skills to successfully manage emotions and apply interpersonal skills during school and postsecondary education and/or employment.
- Evaluation Method(s) : To be determined based on activity, district/building goals, various feedback platforms.

**Beliefs:**

ICA believes all students should have access to high-quality school counseling services in a safe, nurturing environment. The ASCA Model drives these services and results in student success. This requires partnerships with the school, students, family, and community.

- Counselor advocates for all students.
- Counselor serves as an active, positive role model following ethical standards.
- The school environment promotes respect, acceptance, and positivity.
- Personal responsibility for learning is encouraged and developed.
- Clear academic and behavioral expectations are communicated and understood.
- Their families are encouraged to take an active, supportive role in their education.

**Mission:**

Empowering students through an intensive arts and academic curriculum that prepares them for higher education, creative careers, and to become future leaders in the performing and visual arts industries.

**Vision:**

ICA envisions a school where the environment is emotionally, socially, and academically safe. Where students are not only accepted for who they are, but encouraged each day to be their unique selves.

**Program Goals:**

The primary goal of ICA is that all students graduate with the skills necessary to implement a post-graduation plan for successful employment.

We can achieve this goal by:

- Identifying students at risk for failure through attendance, grade reports, and teacher referrals
- Ensuring students attend school with needed academic supports in place

**Management:**

The ICA Counselor will utilize the [Arkansas School Counseling Self-Assessment](#) to assess the efficacy of the Comprehensive School Counseling Plan.

**Use of Time:**

For the 25/26 school year, the ICA Counselor determines the method they use to collect this information to assist in tracking the use of time and accountability. This technique must be aligned with the ASCA National Model recommendations to keep accurate records and help develop a data-driven school counseling program. Act 190, The School Counseling Improvement Act, states that a school counselor shall spend at least ninety percent of his/her time each month on student contact days, providing direct and indirect services to students.

<b>Direct Services</b>	<b>Indirect Services</b>
Individual Counseling	Creating a Calendar of Services
Small Group Counseling	Coordinating school-wide programs
Academic Advisement/ Career Planning	Community Outreach
Parent/Teacher Conferences	Distribute Scholarship Information
Referrals to outside agencies	Schedule Changes
Crisis Counseling	PBIS program support/implementation

Act 190, The School Counseling Improvement Act, states that school counselors shall devote no more than ten percent of his/her time each month, on student contract days, engaging in administrative activities. This may include Parental Involvement and serving on the Behavior Threat Assessment Team.

**ICA Calendar of Events:**

<b>Ongoing</b>	<b>Dates/Events</b>
Student Success Plans Individual Counseling Referrals to Outside Agencies Small Groups Professional Development Provide College/Career Planning	Open House- August 2025  Parent/Teacher Conferences- October 2025 and March 2026  Red Ribbon Week- October 2025  Fall 2026 Open Registration - March 2026  2026 End-Of-Year Report- May 2026

**Delivery:**

The delivery system is focused on the process and method of delivering the comprehensive school counseling program to all students.

- Direct student services include the delivery of the school counseling core curriculum.
- This program is intentional, planned, and developed based on the needs of the students.
- This helps students build skills and competencies that are age-appropriate and focused on the counselor/school mission and vision.
- 90% of the school counselor's time will be spent on direct and indirect student services and 10% will be designated as administrative duties as assigned.

**Direct Counseling Services**

School counselors provide support and interventions to meet the needs of students. This may be accomplished through:

- Individual and/or Small Group Counseling: Counseling is provided for students experiencing social, emotional, personal, or academic difficulties.
- Crisis Counseling: Short term counseling that is provided to students, families or staff as an immediate intervention to a crisis.
- Direct counseling services will be provided with the optimum goal of student development academically, socially, and emotionally.
- This will be achieved through classroom lessons, individual and group counseling, academic advisement, goal setting, orientation programs, career planning, accelerated learning opportunities, assessment and testing, parent partnerships, conflict resolution, bullying prevention, and suicide prevention.

**Indirect Counseling Services**

School counselors provide support through various pathways. This may be accomplished by:

- Referrals: School counselors provide families with a variety of resources, both inside and outside of school, to better serve our students.
- Consultation: School counselors collaborate with families, school staff and community agencies to develop appropriate interventions for students.

**Accountability**

Counselors reflect on and evaluate comprehensive counseling programs to ensure that we are meeting the needs of our students and can identify how our students have grown as a result of the interventions of the program. The ICA counselor will use

stakeholder surveys, self-assessment tools, student data, and reflection to assess the effectiveness of this program.

### **Additional Resources**

The Comprehensive School Counseling Plan ensures that services are coordinated in a manner that provides comprehensive support to all students. It is reviewed annually and updated as needed by the school counselors in collaboration with administrators and other stakeholders.